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2       1. A method, comprising:

3           a. receiving a first communication on a receiver unit, the first

4           communication including scheduling information and an indication of a

5           destination on a packet-switched network;

6           b. preparing a second communication to be sent to the destination and storing

7           the second communication on the receiver unit;

8           c. waiting a period of time determined by the scheduling information; and

9           d. after the period of time, the receiver unit automatically sending the second

10          communication over the packet-switched network from the receiver unit to the

11          destination.

12          e. The method of Claim 1, wherein the first communication is a broadcast

13          trigger, the broadcast trigger being received by the receiver unit from a one-way

14          broadcast communication channel.